Teixeira pleases his home crowd

UFC FIGHT Night 28 took place last week in Brazil, headlining the event were two light heavyweights in Ryan Bader and local man Glover Teixeira.

The local crowd would have been happy with the result as Teixeira got the stoppage win, but it wasn't all plain sailing. Teixeira was in trouble early as Bader dropped him to the canvas and rushed in to finish.

Teixeira had other ideas and didn't wait for the end to arrive instead he mounted his own offence.

As Bader tried to land shots up against the cage he left himself wide open and the Brazilian pounced firing off a two punch combination that saw Bader hit the deck, from there he began to land some big right hands and that was all she wrote

Teixeira has had a good run and will now face the winner of the Jon Jones vs Alex Gustaffson fight and get a shot at the title currently held by Jon Jones.

I think Jones will beat Gustaffson and he is a very bad stylistic match up for Teixeira. Jones despatched Bader with ease never taking any damage and it will be his sternest test for sure. Bader has become what

MMA

By BEN VICKERS

every fighter fears, the gatekeeper. He will probably never get a title shot but will be used as a stepping stone for those trying to reach the ton

Jacare Souza has impressed since moving to the UFC and faced a tough test against former middleweight title contender and perennial top 10 guy Yushin Okami.

Souza made short work of the tough Japanese fighter, using his vicious overhand right. In the first round the two men were breaking from the clinch when Souza uncorked his first big shot, Okami was in all kinds of trouble but the referee allowed the fight to continue.

This just delayed the inevitable and in the second Souza landed the same shot and this time Okami wasn't able to survive the onslaught that ensued and the referee was forced to save him.

Souza has run through top quality opposition in his last two fights and has announced himself as a real contender for the middleweight title.

He has a phenomenal ground game and genuine knock out power. He may just get the next shot at the title after Silva and Weidman go at it again. Okami was on a hot 3 fight win streak before this loss and may turn into a gate keeper a but like Bader, he won't get another shot at the title but anyone who wants one may just have to go through him.

Joseph Benavidez continued his winning run making it three out of three since losing his flyweight title shot against Demetrious Johnson.

He won in emphatic style too, stopping the highly ranked Brazilian Jiu Jitsu black belt Jussier De Silva, with a fantastic two-punch combination, followed by a beautiful knee to the body which dropped him then followed up with devastating ground and pound forcing the referee to save him from any further punishment.

This all occurred after just over three minutes and was an emphatic statement which may just earn him the next shot at Demetrious Johnson's title.

Cage Warriors 59 returns to the Motorpoint Arena in Cardiff and will feature a four-man tournament to determine the new bantamweight world champion.

Unfortunately, Martin Mc-Donough has been forced out of the tournament due to injury so the line-up is James Pennington v Kris Edwards and Dave Haggstrom vs Brett Johns.

I would have to put Pennington in the driving seat, especially with the withdrawal of McDonough.

Pennington is great everywhere and has quality training partners who put him through his paces on a daily basis.

He would be an awesome champion and it may be the stepping stone he needs to get to the big show. The main event sees Jim Alers fight for Connor Mcgregor's recently vacated featherweight title. He will face Martin Svensson. As always with a Cage Warriors card there is quality all the way through and the fights are well matched for what should be another stellar fight show from Europe's leading promotion.

Two heavyweights who are in need of a huge win are Frank Mir and Alistair Overeem. Overeem has lost his last two and both have been fights he should have and could have won. Mir has dropped three straight and if he can't get the victory then he may well find himself looking for another employer.

Mir is a former UFC champion and has been around the company for as long as I can remember. Overeem is the veteran of over 50 fights and has been on with the best and beaten a lot of them. It's a huge fight for both men as their jobs depend on it.

It all boils down to whether Mir can take Overeem downfield he can he has a great chance. If it stays standing then you'd have to put your money on Overeem but anything could happen with so much at stake.

The showdown happens at UFC 167 on the undercard of Georges St Pierre and Johnny Hendricks' welterweight title fight, November 16th. This is one stacked card with Robbie Lawler taking on Rory MacDonald, Rashad Evans v Chael Sonnen and the ever exciting Brian Ebersole v Rick Story and finally Donald Cerrone face Evan Dunham.

Now that's a card.



Ireland's Tim O'Regan, Anders Ingelsten (Sweden) and Ireland's Luke McCarthy, three athletes from the West Cork Triathlon Club taking part in the ITU Age-Group World Championships in London. On Sunday morning the three West Cork athletes will take on the Standard Distance race in a bid for gold and glory. The race will use the same Hyde Park route as seen in the London Olympics triathlon event last year, with competitors tackling a 1500m swim, 40km bike leg and a 10km run.

Crossovers have their own charm just like Flying Cape

WHO would win a fight between a lion and a tiger? Or an aardvark and an anteater? Or win a race over 600m between Mo Farah and Usain Bolt? Or a personality contest between Gareth Bale and a bale of hay?

Crossovers fascinate us and it was only a matter of time before the men who make them in movieland threw Batman and Superman together and stuck an intriguing 'v' between them.

It's not an original concept, but previous incarnations have seen bad guys" facing off: Alien v Predator, Freddy v Jason, Kramer v Kramer.

The idea stretches back to 1948, when Abbot and Costello met Frankenstein and Mary Shelley's monster went on to become something of a go-to guy of the genre, taking on Dracula in 1971, was almost a late substitute for King Kong, who took on Godzilla in 1962 and

Jesse James got in on the act in 1966 when he had a mid-day confrontation with Dr Frankenstein's daughter, Maria.

The appeal of Batman v Superman is that it's not hard to imagine them being buddies if they were to meet in a social setting, generally being forces for good and all. But high achievers can often betray jealousy when their superiority or Batability is challenged. On the showdown itself, it's possible to see only one winner unless the Caped Crusader resorts to a Kryptonite-based assault and he won't win many friends for that (Paddypower had odds up last week, but have since taken them down).

The match-up opens up all sorts of opportunities if it proves a box-office hit:

Montana? Not when she introduces him

Erin Brockovich v Scarface
Has the feisty legal secretary met her
match in the psychopathic Tony

Robert O'Shea

THE LONGSHOT

to her "little friend" the law of the United States of America.

Jaws v What's Eating Gilbert

Grape?This is one of those where the answer is in the question. Original title was: "Why is Jaws Eating Gilbert Grape?"

but was thought to kill the suspense. **Laurel and Hardy v The Piano**This classic battle is made all the more frustrating by Harvey Keitel lying across

the top of the upright in the nip.

Armageddon v Deep Impact

Two asteroids collide in space. The film ends after four minutes and the world is completely safe for another day.

Tyler Durden v Edward Scissorhands "The first rule of Fight Club is take those goddamn secateurs off your knuckles."

Forrest Gump v The Terminator
You cannot outrun the Terminator but
you can make him malfunction by offering him chocolates without a guide to
what is in each little treat in the box.

HAL 9000 and Skynet v Mrs Doubtfire and Bullitt

This mismatched crime-fighting partnership speed through the streets of San Francisco on a tandem in an attempt to save humanity from the frightening spectre of digital domination.

Crocodile Dundee v ET

"That's not a knife; that's just your finger." Two men a long way from home struggle to come to grips with life in the

big city and the simmering tensions come to a head when the little alien goes to the toilet in their hotel room's bidet.

Jake LaMotta v Darth Vader

"Never went down" mutters the middleweight as he stumbles into several stormtroopers after surviving the Dark Lord's infamous chokehold.

Others that will surely soon be in the pipeline: The Elephant Man v The Maltese Falcon; The Sting v The Fly; Cool Hand Luke v Good Will Hunting; The Diving Bell and the Butterfly v The Thing; Rocky v Rambo; Withnail and I v You, Me and Dupree; Gosford Park v Jurassic Park and Moonwalker v Problem Child (once legal ramifications with the Jackson estate have been overcome).

Recommendation: Flying Cape at 8/1 in the 6.00 at Wolverhampton tonight.